


LEISURE AND LIFESTYLE

(sample calendar)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10.30 Hoy in the Goulburn Room or Puz- zles & Cross- words	9.00 Hair Salon open  10.00 Ent- ertainer playing Pi- ano	9.00 Cooking & then at 10.30 Clarinet Player	10.00 1 on 1 Mas- sage, relaxa- tion and Sen- sory Therapy	10.00 Craft with Marion & Trip to Local Shops 	10.00 Walks Out- side & Family Visits	10.00 Gentle Exer- cises in Aca- cia Lounge
11.00 Active Games in Acacia & Seymour Show Entry Preparations	11.00 Gym session in the Well- being Cen- tre 1.00 Carpet Bowls at Barrabill House	10.30 Current Af- fairs or Mas- sage in the Salon	11.00 Bus trip to Kilmore for Morning Melodies and lunch at Trackside	11.00 Kiosk open Reminiscence and 'RayDar' Playing Coun- try Music all Day	12.00 Grand Final lunch & footy tipping	2.00 Outdoor Ac- tivity & Ta- ble Games or Movie Mati- nee in the Goulburn Room
2.00 Carpet Bowls in the Robin- son Lounge 	2.00 Word Games/ Trivia or Singalong	1.45 Bingo in the Goulburn Room 	2.00 Entertainer playing Piano	 2.00 Happy Hour in 'Kringles' Bar!	2.00 Grand Final Party 	 Springtime BBQ

Regular excursions out for lunch, picnics in the park, maccas for an ice-cream—just to name a few.

CHURCH SERVICES

Catholic Service: 1st Thursday of the month in the Chapel

Anglican Service: 2nd Thursday of the month in the Chapel

Other Services: by appointment.